

# Laurel's Lounge

## Hot Peppermint Kiss

When the weather gets cooler, many people often look for ways to warm up from the inside out. Take the chill off with a hot, refreshing Hot Chocolate Peppermint beverage.

A hot drink is a wonderful way to warm up on a cold day. However, you don't need cold temperatures to enjoy a hot drink!

- 1 Packet of ITG Hot Chocolate Marshmallow Drink
- 1 ½ oz Peppermint Schnapps
- Garnish with fat free Whipped Cream
- Sprinkle with Nutmeg or Cinnamon

### Preparation:

1. Make ITG Hot Chocolate Marshmallow Drink with 6-8 oz of water in your ITG blender bottle, shake well.
2. Heat in microwave for one minute or stove top until hot (Do not boil)
3. Pour in 1 ½ oz of Peppermint Schnapps
4. Add Whipped Cream and Sprinkle Nutmeg or Cinnamon on top. Enjoy...

Hint: You can substitute any of the ITG Chocolate Shake/Puddings: Chocolate, Dark Chocolate and Chocolate Mint Shake/Puddings. (The Mint is my favorite!)

