

Laurel's Lounge



Greyhound & Salty Dog

The ITG Grapefruit Drink makes a refreshing summer cocktail!

Using the ITG Grapefruit allows you to have a cocktail without all of the calories, sugars and carbs you get when you use regular fruit juices. And because the vodka adds little flavor you are basically drinking spiked juice. That said, try the Greyhound with infused vodkas for a little twist... strawberry, blood orange, kiwi are all great choices.

Ingredients:

- 1- 2 oz Vodka
- 4 oz ITG Grapefruit Drink
- lemon or lime wedge for garnish

Preparation:

1. Make ITG Grapefruit Drink with 6-8 oz of cold water in your ITG blender bottle, shake well. (I usually make it with 8 oz and use 1 oz of Vodka with each drink)
2. Fill cocktail glass with ice cubes.
3. Pour in 1- 2 oz Vodka
4. Add 4 oz of the ITG Grapefruit Drink, stir... Enjoy.

Make it a Salty Dog – Just salt the rim of your glass.

Note: Instead of Vodka Gin can be used if you prefer gin.